

Problem 3D.3

Alternate form of the equation of motion.⁸ Show that, for an incompressible Newtonian fluid with constant viscosity, the equation of motion may be put into the form

$$4\nabla^2 \mathcal{P} = \rho(\boldsymbol{\omega} : \boldsymbol{\omega}^\dagger - \dot{\boldsymbol{\gamma}} : \dot{\boldsymbol{\gamma}}) \quad (3D.3-1)$$

where

$$\dot{\boldsymbol{\gamma}} = \nabla \mathbf{v} + (\nabla \mathbf{v})^\dagger \text{ and } \boldsymbol{\omega} = \nabla \mathbf{v} - (\nabla \mathbf{v})^\dagger \quad (3D.3-2)$$

Do any additional restrictions have to be placed on this result?

Solution

In terms of the substantial derivative, the Navier-Stokes equation is

$$\frac{D}{Dt} \rho \mathbf{v} = -\nabla p + \mu \nabla^2 \mathbf{v} + \rho \mathbf{g}.$$

It holds under the assumption that the fluid density ρ and viscosity μ are constant. The force of gravity is conservative, so there exists a potential function Φ such that $m\mathbf{g} = -\nabla\Phi$.

$$\begin{aligned} \frac{D}{Dt} \rho \mathbf{v} &= -\nabla p + \mu \nabla^2 \mathbf{v} - \frac{\rho}{m} \nabla \Phi \\ &= -\nabla \left(p + \frac{\rho}{m} \Phi \right) + \mu \nabla^2 \mathbf{v} \end{aligned}$$

Introduce the modified pressure function,

$$\mathcal{P} = p + \frac{\rho}{m} \Phi = p + \rho g h,$$

to simplify the right side.

$$\frac{D}{Dt} \rho \mathbf{v} = -\nabla \mathcal{P} + \mu \nabla^2 \mathbf{v}$$

This equation can be written in one of two ways,

$$\begin{aligned} \frac{\partial}{\partial t} \rho \mathbf{v} + \mathbf{v} \cdot \nabla \rho \mathbf{v} &= -\nabla \mathcal{P} + \mu \nabla^2 \mathbf{v} \\ \frac{\partial}{\partial t} \rho \mathbf{v} + \nabla \cdot \rho \mathbf{v} \mathbf{v} &= -\nabla \mathcal{P} + \mu \nabla^2 \mathbf{v}. \end{aligned}$$

Take the divergence of both sides of each equation.

$$\begin{aligned} \nabla \cdot \left(\frac{\partial}{\partial t} \rho \mathbf{v} + \mathbf{v} \cdot \nabla \rho \mathbf{v} \right) &= \nabla \cdot (-\nabla \mathcal{P} + \mu \nabla^2 \mathbf{v}) \\ \nabla \cdot \left(\frac{\partial}{\partial t} \rho \mathbf{v} + \nabla \cdot \rho \mathbf{v} \mathbf{v} \right) &= \nabla \cdot (-\nabla \mathcal{P} + \mu \nabla^2 \mathbf{v}) \end{aligned}$$

The divergence of a sum is the sum of the divergences.

$$\begin{aligned} \nabla \cdot \left(\frac{\partial}{\partial t} \rho \mathbf{v} \right) + \nabla \cdot (\mathbf{v} \cdot \nabla \rho \mathbf{v}) &= \nabla \cdot (-\nabla \mathcal{P}) + \nabla \cdot (\mu \nabla^2 \mathbf{v}) \\ \nabla \cdot \left(\frac{\partial}{\partial t} \rho \mathbf{v} \right) + \nabla \cdot (\nabla \cdot \rho \mathbf{v} \mathbf{v}) &= \nabla \cdot (-\nabla \mathcal{P}) + \nabla \cdot (\mu \nabla^2 \mathbf{v}) \end{aligned}$$

⁸P. G. Saffman, *Vortex Dynamics*, Cambridge University Press, corrected edition (1995).

Bring the constants in front.

$$\rho \nabla \cdot \left(\frac{\partial}{\partial t} \mathbf{v} \right) + \rho \nabla \cdot (\mathbf{v} \cdot \nabla \mathbf{v}) = -\nabla \cdot \nabla \mathcal{P} + \mu \nabla \cdot (\nabla^2 \mathbf{v})$$

$$\rho \nabla \cdot \left(\frac{\partial}{\partial t} \mathbf{v} \right) + \rho \nabla \cdot (\nabla \cdot \mathbf{v} \mathbf{v}) = -\nabla \cdot \nabla \mathcal{P} + \mu \nabla \cdot (\nabla^2 \mathbf{v})$$

Divide both sides of each equation by ρ and use the kinematic viscosity ν for μ/ρ .

$$\nabla \cdot \left(\frac{\partial}{\partial t} \mathbf{v} \right) + \nabla \cdot (\mathbf{v} \cdot \nabla \mathbf{v}) = -\frac{1}{\rho} \nabla^2 \mathcal{P} + \nu \nabla \cdot (\nabla^2 \mathbf{v}) \quad (1)$$

$$\nabla \cdot \left(\frac{\partial}{\partial t} \mathbf{v} \right) + \nabla \cdot (\nabla \cdot \mathbf{v} \mathbf{v}) = -\frac{1}{\rho} \nabla^2 \mathcal{P} + \nu \nabla \cdot (\nabla^2 \mathbf{v}) \quad (2)$$

Examine the first term on the left side.

$$\begin{aligned} \nabla \cdot \left(\frac{\partial}{\partial t} \mathbf{v} \right) &= \left(\sum_{i=1}^3 \delta_i \frac{\partial}{\partial x_i} \right) \cdot \left[\frac{\partial}{\partial t} \left(\sum_{j=1}^3 \delta_j v_j \right) \right] \\ &= \left(\sum_{i=1}^3 \delta_i \frac{\partial}{\partial x_i} \right) \cdot \left(\sum_{j=1}^3 \delta_j \frac{\partial v_j}{\partial t} \right) \\ &= \sum_{i=1}^3 \sum_{j=1}^3 (\delta_i \cdot \delta_j) \frac{\partial}{\partial x_i} \frac{\partial v_j}{\partial t} \\ &= \sum_{i=1}^3 \sum_{j=1}^3 \delta_{ij} \frac{\partial}{\partial x_i} \frac{\partial v_j}{\partial t} \\ &= \sum_{i=1}^3 \frac{\partial}{\partial x_i} \frac{\partial v_i}{\partial t} \\ &= \sum_{i=1}^3 \frac{\partial}{\partial t} \frac{\partial v_i}{\partial x_i} \\ &= \frac{\partial}{\partial t} \left(\sum_{i=1}^3 \frac{\partial v_i}{\partial x_i} \right) \\ &= \frac{\partial}{\partial t} (\nabla \cdot \mathbf{v}) \end{aligned}$$

Examine the second term on the right side.

$$\begin{aligned}
 \nabla \cdot (\nabla^2 \mathbf{v}) &= \left(\sum_{i=1}^3 \delta_i \frac{\partial}{\partial x_i} \right) \cdot \left[\sum_{j=1}^3 \frac{\partial^2}{\partial x_j^2} \left(\sum_{l=1}^3 \delta_l v_l \right) \right] \\
 &= \left(\sum_{i=1}^3 \delta_i \frac{\partial}{\partial x_i} \right) \cdot \left(\sum_{j=1}^3 \sum_{l=1}^3 \delta_l \frac{\partial^2 v_l}{\partial x_j^2} \right) \\
 &= \sum_{i=1}^3 \sum_{j=1}^3 \sum_{l=1}^3 (\delta_i \cdot \delta_l) \frac{\partial}{\partial x_i} \frac{\partial^2 v_l}{\partial x_j^2} \\
 &= \sum_{i=1}^3 \sum_{j=1}^3 \sum_{l=1}^3 \delta_{il} \frac{\partial}{\partial x_i} \frac{\partial^2 v_l}{\partial x_j^2} \\
 &= \sum_{j=1}^3 \sum_{l=1}^3 \frac{\partial}{\partial x_l} \frac{\partial^2 v_l}{\partial x_j^2} \\
 &= \sum_{j=1}^3 \sum_{l=1}^3 \frac{\partial^2}{\partial x_j^2} \frac{\partial v_l}{\partial x_l} \\
 &= \sum_{j=1}^3 \frac{\partial^2}{\partial x_j^2} \left(\sum_{l=1}^3 \frac{\partial v_l}{\partial x_l} \right) \\
 &= \nabla^2 (\nabla \cdot \mathbf{v})
 \end{aligned}$$

Examine the second term on the left side of equation (2).

$$\begin{aligned}
 \nabla \cdot (\nabla \cdot \mathbf{v}\mathbf{v}) &= \left(\sum_{i=1}^3 \delta_i \frac{\partial}{\partial x_i} \right) \cdot \left[\left(\sum_{j=1}^3 \delta_j \frac{\partial}{\partial x_j} \right) \cdot \left(\sum_{k=1}^3 \delta_k v_k \right) \left(\sum_{l=1}^3 \delta_l v_l \right) \right] \\
 &= \left(\sum_{i=1}^3 \delta_i \frac{\partial}{\partial x_i} \right) \cdot \left[\left(\sum_{j=1}^3 \delta_j \frac{\partial}{\partial x_j} \right) \cdot \left(\sum_{k=1}^3 \sum_{l=1}^3 \delta_k \delta_l v_k v_l \right) \right] \\
 &= \left(\sum_{i=1}^3 \delta_i \frac{\partial}{\partial x_i} \right) \cdot \left[\sum_{j=1}^3 \sum_{k=1}^3 \sum_{l=1}^3 (\delta_j \cdot \delta_k) \delta_l \frac{\partial}{\partial x_j} v_k v_l \right] \\
 &= \left(\sum_{i=1}^3 \delta_i \frac{\partial}{\partial x_i} \right) \cdot \left(\sum_{j=1}^3 \sum_{k=1}^3 \sum_{l=1}^3 \delta_{jk} \delta_l \frac{\partial}{\partial x_j} v_k v_l \right) \\
 &= \left(\sum_{i=1}^3 \delta_i \frac{\partial}{\partial x_i} \right) \cdot \left(\sum_{k=1}^3 \sum_{l=1}^3 \delta_l \frac{\partial}{\partial x_k} v_k v_l \right) \\
 &= \sum_{i=1}^3 \sum_{k=1}^3 \sum_{l=1}^3 (\delta_i \cdot \delta_l) \frac{\partial}{\partial x_i} \frac{\partial}{\partial x_k} v_k v_l
 \end{aligned}$$

Continue simplifying the right side.

$$\begin{aligned}
\nabla \cdot (\nabla \cdot \mathbf{v}\mathbf{v}) &= \sum_{i=1}^3 \sum_{k=1}^3 \sum_{l=1}^3 \delta_{il} \frac{\partial}{\partial x_i} \frac{\partial}{\partial x_k} v_k v_l \\
&= \sum_{i=1}^3 \sum_{k=1}^3 \frac{\partial}{\partial x_i} \frac{\partial}{\partial x_k} v_k v_i \\
&= \sum_{i=1}^3 \sum_{k=1}^3 \frac{\partial}{\partial x_i} \left(\frac{\partial v_k}{\partial x_k} v_i + v_k \frac{\partial v_i}{\partial x_k} \right) \\
&= \sum_{i=1}^3 \sum_{k=1}^3 \left(\frac{\partial^2 v_k}{\partial x_i \partial x_k} v_i + \frac{\partial v_k}{\partial x_k} \frac{\partial v_i}{\partial x_i} + \frac{\partial v_k}{\partial x_i} \frac{\partial v_i}{\partial x_k} + v_k \frac{\partial^2 v_i}{\partial x_i \partial x_k} \right) \\
&= \sum_{i=1}^3 \sum_{k=1}^3 \frac{\partial^2 v_k}{\partial x_i \partial x_k} v_i + \sum_{i=1}^3 \sum_{k=1}^3 \frac{\partial v_k}{\partial x_k} \frac{\partial v_i}{\partial x_i} + \sum_{i=1}^3 \sum_{k=1}^3 \frac{\partial v_k}{\partial x_i} \frac{\partial v_i}{\partial x_k} + \sum_{i=1}^3 \sum_{k=1}^3 v_k \frac{\partial^2 v_i}{\partial x_i \partial x_k} \\
&= \sum_{i=1}^3 v_i \frac{\partial}{\partial x_i} \left(\sum_{k=1}^3 \frac{\partial v_k}{\partial x_k} \right) + \left(\sum_{i=1}^3 \frac{\partial v_i}{\partial x_i} \right) \left(\sum_{k=1}^3 \frac{\partial v_k}{\partial x_k} \right) + \sum_{i=1}^3 \sum_{k=1}^3 \frac{\partial v_k}{\partial x_i} \frac{\partial v_i}{\partial x_k} + \sum_{k=1}^3 v_k \frac{\partial}{\partial x_k} \left(\sum_{i=1}^3 \frac{\partial v_i}{\partial x_i} \right) \\
&= \mathbf{v} \cdot \nabla (\nabla \cdot \mathbf{v}) + (\nabla \cdot \mathbf{v})(\nabla \cdot \mathbf{v}) + (\nabla \mathbf{v}) \cdot (\nabla \mathbf{v})^\dagger + \mathbf{v} \cdot \nabla (\nabla \cdot \mathbf{v}) \\
&= 2[\mathbf{v} \cdot \nabla (\nabla \cdot \mathbf{v})] + (\nabla \cdot \mathbf{v})^2 + (\nabla \mathbf{v}) \cdot (\nabla \mathbf{v})^\dagger
\end{aligned}$$

Finally, examine the second term on the left side of equation (1).

$$\begin{aligned}
\nabla \cdot (\mathbf{v} \cdot \nabla \mathbf{v}) &= \left(\sum_{i=1}^3 \delta_i \frac{\partial}{\partial x_i} \right) \cdot \left[\left(\sum_{j=1}^3 \delta_j v_j \right) \cdot \left(\sum_{k=1}^3 \delta_k \frac{\partial}{\partial x_k} \right) \left(\sum_{l=1}^3 \delta_l v_l \right) \right] \\
&= \left(\sum_{i=1}^3 \delta_i \frac{\partial}{\partial x_i} \right) \cdot \left[\left(\sum_{j=1}^3 \delta_j v_j \right) \cdot \left(\sum_{k=1}^3 \sum_{l=1}^3 \delta_k \delta_l \frac{\partial v_l}{\partial x_k} \right) \right] \\
&= \left(\sum_{i=1}^3 \delta_i \frac{\partial}{\partial x_i} \right) \cdot \left[\sum_{j=1}^3 \sum_{k=1}^3 \sum_{l=1}^3 (\delta_j \cdot \delta_k) \delta_l v_j \frac{\partial v_l}{\partial x_k} \right] \\
&= \left(\sum_{i=1}^3 \delta_i \frac{\partial}{\partial x_i} \right) \cdot \left(\sum_{j=1}^3 \sum_{k=1}^3 \sum_{l=1}^3 \delta_{jk} \delta_l v_j \frac{\partial v_l}{\partial x_k} \right) \\
&= \left(\sum_{i=1}^3 \delta_i \frac{\partial}{\partial x_i} \right) \cdot \left(\sum_{j=1}^3 \sum_{l=1}^3 \delta_l v_j \frac{\partial v_l}{\partial x_j} \right) \\
&= \sum_{i=1}^3 \sum_{j=1}^3 \sum_{l=1}^3 (\delta_i \cdot \delta_l) \frac{\partial}{\partial x_i} \left(v_j \frac{\partial v_l}{\partial x_j} \right) \\
&= \sum_{i=1}^3 \sum_{j=1}^3 \sum_{l=1}^3 \delta_{il} \frac{\partial}{\partial x_i} \left(v_j \frac{\partial v_l}{\partial x_j} \right) \\
&= \sum_{i=1}^3 \sum_{j=1}^3 \frac{\partial}{\partial x_i} \left(v_j \frac{\partial v_i}{\partial x_j} \right)
\end{aligned}$$

Continue simplifying the right side.

$$\begin{aligned}
\nabla \cdot (\mathbf{v} \cdot \nabla \mathbf{v}) &= \sum_{i=1}^3 \sum_{j=1}^3 \left(\frac{\partial v_j}{\partial x_i} \frac{\partial v_i}{\partial x_j} + v_j \frac{\partial^2 v_i}{\partial x_i \partial x_j} \right) \\
&= \sum_{i=1}^3 \sum_{j=1}^3 \frac{\partial v_j}{\partial x_i} \frac{\partial v_i}{\partial x_j} + \sum_{i=1}^3 \sum_{j=1}^3 v_j \frac{\partial^2 v_i}{\partial x_i \partial x_j} \\
&= \sum_{i=1}^3 \sum_{j=1}^3 \frac{\partial v_j}{\partial x_i} \frac{\partial v_i}{\partial x_j} + \sum_{j=1}^3 v_j \frac{\partial}{\partial x_j} \left(\sum_{i=1}^3 \frac{\partial v_i}{\partial x_i} \right) \\
&= (\nabla \mathbf{v}) \cdot (\nabla \mathbf{v})^\dagger + \mathbf{v} \cdot \nabla (\nabla \cdot \mathbf{v})
\end{aligned}$$

With these results, equations (1) and (2) become

$$\begin{aligned}
\frac{\partial}{\partial t} (\nabla \cdot \mathbf{v}) + (\nabla \mathbf{v}) \cdot (\nabla \mathbf{v})^\dagger + \mathbf{v} \cdot \nabla (\nabla \cdot \mathbf{v}) &= -\frac{1}{\rho} \nabla^2 \mathcal{P} + \nu \nabla^2 (\nabla \cdot \mathbf{v}) \\
\frac{\partial}{\partial t} (\nabla \cdot \mathbf{v}) + 2[\mathbf{v} \cdot \nabla (\nabla \cdot \mathbf{v})] + (\nabla \cdot \mathbf{v})^2 + (\nabla \mathbf{v}) \cdot (\nabla \mathbf{v})^\dagger &= -\frac{1}{\rho} \nabla^2 \mathcal{P} + \nu \nabla^2 (\nabla \cdot \mathbf{v}).
\end{aligned}$$

Because the density ρ is constant (or the fluid is incompressible), the continuity equation reduces to

$$\frac{\partial \rho}{\partial t} = -(\nabla \cdot \rho \mathbf{v}) \quad \rightarrow \quad 0 = -\rho (\nabla \cdot \mathbf{v}) \quad \rightarrow \quad \nabla \cdot \mathbf{v} = 0,$$

which means these last two equations simplify to

$$(\nabla \mathbf{v}) \cdot (\nabla \mathbf{v})^\dagger = -\frac{1}{\rho} \nabla^2 \mathcal{P}. \tag{3}$$

The quantity in parentheses in the final result simplifies as follows.

$$\begin{aligned}
\boldsymbol{\omega} : \boldsymbol{\omega}^\dagger - \dot{\boldsymbol{\gamma}} : \dot{\boldsymbol{\gamma}} &= [\nabla \mathbf{v} - (\nabla \mathbf{v})^\dagger] : [\nabla \mathbf{v} - (\nabla \mathbf{v})^\dagger]^\dagger - [\nabla \mathbf{v} + (\nabla \mathbf{v})^\dagger] : [\nabla \mathbf{v} + (\nabla \mathbf{v})^\dagger] \\
&= \left\{ \left(\sum_{i=1}^3 \delta_i \frac{\partial}{\partial x_i} \right) \left(\sum_{j=1}^3 \delta_j v_j \right) - \left[\left(\sum_{i=1}^3 \delta_i \frac{\partial}{\partial x_i} \right) \left(\sum_{j=1}^3 \delta_j v_j \right) \right]^\dagger \right\} : \left\{ \left(\sum_{k=1}^3 \delta_k \frac{\partial}{\partial x_k} \right) \left(\sum_{l=1}^3 \delta_l v_l \right) - \left[\left(\sum_{k=1}^3 \delta_k \frac{\partial}{\partial x_k} \right) \left(\sum_{l=1}^3 \delta_l v_l \right) \right]^\dagger \right\}^\dagger \\
&\quad - \left\{ \left(\sum_{i=1}^3 \delta_i \frac{\partial}{\partial x_i} \right) \left(\sum_{j=1}^3 \delta_j v_j \right) + \left[\left(\sum_{i=1}^3 \delta_i \frac{\partial}{\partial x_i} \right) \left(\sum_{j=1}^3 \delta_j v_j \right) \right]^\dagger \right\} : \left\{ \left(\sum_{k=1}^3 \delta_k \frac{\partial}{\partial x_k} \right) \left(\sum_{l=1}^3 \delta_l v_l \right) + \left[\left(\sum_{k=1}^3 \delta_k \frac{\partial}{\partial x_k} \right) \left(\sum_{l=1}^3 \delta_l v_l \right) \right]^\dagger \right\}
\end{aligned}$$

Continue the simplification.

$$\begin{aligned}
\omega : \omega^\dagger - \dot{\gamma} : \dot{\gamma} &= \left[\left(\sum_{i=1}^3 \sum_{j=1}^3 \delta_i \delta_j \frac{\partial v_j}{\partial x_i} \right) - \left(\sum_{i=1}^3 \sum_{j=1}^3 \delta_i \delta_j \frac{\partial v_j}{\partial x_i} \right)^\dagger \right] : \left[\left(\sum_{k=1}^3 \sum_{l=1}^3 \delta_k \delta_l \frac{\partial v_l}{\partial x_k} \right) - \left(\sum_{k=1}^3 \sum_{l=1}^3 \delta_k \delta_l \frac{\partial v_l}{\partial x_k} \right)^\dagger \right]^\dagger \\
&\quad - \left[\left(\sum_{i=1}^3 \sum_{j=1}^3 \delta_i \delta_j \frac{\partial v_j}{\partial x_i} \right) + \left(\sum_{i=1}^3 \sum_{j=1}^3 \delta_i \delta_j \frac{\partial v_j}{\partial x_i} \right)^\dagger \right] : \left[\left(\sum_{k=1}^3 \sum_{l=1}^3 \delta_k \delta_l \frac{\partial v_l}{\partial x_k} \right) + \left(\sum_{k=1}^3 \sum_{l=1}^3 \delta_k \delta_l \frac{\partial v_l}{\partial x_k} \right)^\dagger \right] \\
&= \left[\left(\sum_{i=1}^3 \sum_{j=1}^3 \delta_i \delta_j \frac{\partial v_j}{\partial x_i} \right) - \left(\sum_{i=1}^3 \sum_{j=1}^3 \delta_i \delta_j \frac{\partial v_i}{\partial x_j} \right) \right] : \left[\left(\sum_{k=1}^3 \sum_{l=1}^3 \delta_k \delta_l \frac{\partial v_l}{\partial x_k} \right) - \left(\sum_{k=1}^3 \sum_{l=1}^3 \delta_k \delta_l \frac{\partial v_k}{\partial x_l} \right) \right]^\dagger \\
&\quad - \left[\left(\sum_{i=1}^3 \sum_{j=1}^3 \delta_i \delta_j \frac{\partial v_j}{\partial x_i} \right) + \left(\sum_{i=1}^3 \sum_{j=1}^3 \delta_i \delta_j \frac{\partial v_i}{\partial x_j} \right) \right] : \left[\left(\sum_{k=1}^3 \sum_{l=1}^3 \delta_k \delta_l \frac{\partial v_l}{\partial x_k} \right) + \left(\sum_{k=1}^3 \sum_{l=1}^3 \delta_k \delta_l \frac{\partial v_k}{\partial x_l} \right) \right] \\
&= \left[\sum_{i=1}^3 \sum_{j=1}^3 \delta_i \delta_j \left(\frac{\partial v_j}{\partial x_i} - \frac{\partial v_i}{\partial x_j} \right) \right] : \left[\sum_{k=1}^3 \sum_{l=1}^3 \delta_k \delta_l \left(\frac{\partial v_l}{\partial x_k} - \frac{\partial v_k}{\partial x_l} \right) \right]^\dagger \\
&\quad - \left[\sum_{i=1}^3 \sum_{j=1}^3 \delta_i \delta_j \left(\frac{\partial v_j}{\partial x_i} + \frac{\partial v_i}{\partial x_j} \right) \right] : \left[\sum_{k=1}^3 \sum_{l=1}^3 \delta_k \delta_l \left(\frac{\partial v_l}{\partial x_k} + \frac{\partial v_k}{\partial x_l} \right) \right] \\
&= \left[\sum_{i=1}^3 \sum_{j=1}^3 \delta_i \delta_j \left(\frac{\partial v_j}{\partial x_i} - \frac{\partial v_i}{\partial x_j} \right) \right] : \left[\sum_{k=1}^3 \sum_{l=1}^3 \delta_k \delta_l \left(\frac{\partial v_k}{\partial x_l} - \frac{\partial v_l}{\partial x_k} \right) \right] \\
&\quad - \left[\sum_{i=1}^3 \sum_{j=1}^3 \delta_i \delta_j \left(\frac{\partial v_j}{\partial x_i} + \frac{\partial v_i}{\partial x_j} \right) \right] : \left[\sum_{k=1}^3 \sum_{l=1}^3 \delta_k \delta_l \left(\frac{\partial v_l}{\partial x_k} + \frac{\partial v_k}{\partial x_l} \right) \right] \\
&= \sum_{i=1}^3 \sum_{j=1}^3 \sum_{k=1}^3 \sum_{l=1}^3 (\delta_i \delta_j : \delta_k \delta_l) \left(\frac{\partial v_j}{\partial x_i} - \frac{\partial v_i}{\partial x_j} \right) \left(\frac{\partial v_k}{\partial x_l} - \frac{\partial v_l}{\partial x_k} \right) \\
&\quad - \sum_{i=1}^3 \sum_{j=1}^3 \sum_{k=1}^3 \sum_{l=1}^3 (\delta_i \delta_j : \delta_k \delta_l) \left(\frac{\partial v_j}{\partial x_i} + \frac{\partial v_i}{\partial x_j} \right) \left(\frac{\partial v_l}{\partial x_k} + \frac{\partial v_k}{\partial x_l} \right)
\end{aligned}$$

Continue the simplification.

$$\begin{aligned}
\boldsymbol{\omega} : \boldsymbol{\omega}^\dagger - \dot{\boldsymbol{\gamma}} : \dot{\boldsymbol{\gamma}} &= \sum_{i=1}^3 \sum_{j=1}^3 \sum_{k=1}^3 \sum_{l=1}^3 (\boldsymbol{\delta}_i \cdot \boldsymbol{\delta}_l) (\boldsymbol{\delta}_j \cdot \boldsymbol{\delta}_k) \left(\frac{\partial v_j}{\partial x_i} - \frac{\partial v_i}{\partial x_j} \right) \left(\frac{\partial v_k}{\partial x_l} - \frac{\partial v_l}{\partial x_k} \right) \\
&\quad - \sum_{i=1}^3 \sum_{j=1}^3 \sum_{k=1}^3 \sum_{l=1}^3 (\boldsymbol{\delta}_i \cdot \boldsymbol{\delta}_l) (\boldsymbol{\delta}_j \cdot \boldsymbol{\delta}_k) \left(\frac{\partial v_j}{\partial x_i} + \frac{\partial v_i}{\partial x_j} \right) \left(\frac{\partial v_l}{\partial x_k} + \frac{\partial v_k}{\partial x_l} \right) \\
&= \sum_{i=1}^3 \sum_{j=1}^3 \sum_{k=1}^3 \sum_{l=1}^3 \delta_{il} \delta_{jk} \left(\frac{\partial v_j}{\partial x_i} - \frac{\partial v_i}{\partial x_j} \right) \left(\frac{\partial v_k}{\partial x_l} - \frac{\partial v_l}{\partial x_k} \right) \\
&\quad - \sum_{i=1}^3 \sum_{j=1}^3 \sum_{k=1}^3 \sum_{l=1}^3 \delta_{il} \delta_{jk} \left(\frac{\partial v_j}{\partial x_i} + \frac{\partial v_i}{\partial x_j} \right) \left(\frac{\partial v_l}{\partial x_k} + \frac{\partial v_k}{\partial x_l} \right) \\
&= \sum_{i=1}^3 \sum_{j=1}^3 \sum_{k=1}^3 \delta_{jk} \left(\frac{\partial v_j}{\partial x_i} - \frac{\partial v_i}{\partial x_j} \right) \left(\frac{\partial v_k}{\partial x_i} - \frac{\partial v_i}{\partial x_k} \right) \\
&\quad - \sum_{i=1}^3 \sum_{j=1}^3 \sum_{k=1}^3 \delta_{jk} \left(\frac{\partial v_j}{\partial x_i} + \frac{\partial v_i}{\partial x_j} \right) \left(\frac{\partial v_i}{\partial x_k} + \frac{\partial v_k}{\partial x_i} \right) \\
&= \sum_{i=1}^3 \sum_{j=1}^3 \left(\frac{\partial v_j}{\partial x_i} - \frac{\partial v_i}{\partial x_j} \right) \left(\frac{\partial v_j}{\partial x_i} - \frac{\partial v_i}{\partial x_j} \right) \\
&\quad - \sum_{i=1}^3 \sum_{j=1}^3 \left(\frac{\partial v_j}{\partial x_i} + \frac{\partial v_i}{\partial x_j} \right) \left(\frac{\partial v_i}{\partial x_j} + \frac{\partial v_j}{\partial x_i} \right) \\
&= \sum_{i=1}^3 \sum_{j=1}^3 \left(\frac{\partial v_j}{\partial x_i} \frac{\partial v_j}{\partial x_i} - \frac{\partial v_j}{\partial x_i} \frac{\partial v_i}{\partial x_j} - \frac{\partial v_i}{\partial x_j} \frac{\partial v_j}{\partial x_i} + \frac{\partial v_i}{\partial x_j} \frac{\partial v_i}{\partial x_j} \right) \\
&\quad - \sum_{i=1}^3 \sum_{j=1}^3 \left(\frac{\partial v_j}{\partial x_i} \frac{\partial v_i}{\partial x_j} + \frac{\partial v_j}{\partial x_i} \frac{\partial v_j}{\partial x_i} + \frac{\partial v_i}{\partial x_j} \frac{\partial v_i}{\partial x_j} + \frac{\partial v_i}{\partial x_j} \frac{\partial v_j}{\partial x_i} \right) \\
&= \sum_{i=1}^3 \sum_{j=1}^3 \frac{\partial v_j}{\partial x_i} \frac{\partial v_j}{\partial x_i} - \sum_{i=1}^3 \sum_{j=1}^3 \frac{\partial v_j}{\partial x_i} \frac{\partial v_i}{\partial x_j} - \sum_{i=1}^3 \sum_{j=1}^3 \frac{\partial v_i}{\partial x_j} \frac{\partial v_j}{\partial x_i} + \sum_{i=1}^3 \sum_{j=1}^3 \frac{\partial v_i}{\partial x_j} \frac{\partial v_i}{\partial x_j} \\
&\quad - \sum_{i=1}^3 \sum_{j=1}^3 \frac{\partial v_j}{\partial x_i} \frac{\partial v_i}{\partial x_j} - \sum_{i=1}^3 \sum_{j=1}^3 \frac{\partial v_j}{\partial x_i} \frac{\partial v_j}{\partial x_i} - \sum_{i=1}^3 \sum_{j=1}^3 \frac{\partial v_i}{\partial x_j} \frac{\partial v_i}{\partial x_j} - \sum_{i=1}^3 \sum_{j=1}^3 \frac{\partial v_i}{\partial x_j} \frac{\partial v_j}{\partial x_i} \\
&= \nabla \mathbf{v} \cdot \nabla \mathbf{v} - (\nabla \mathbf{v}) \cdot (\nabla \mathbf{v})^\dagger - (\nabla \mathbf{v}) \cdot (\nabla \mathbf{v})^\dagger + \nabla \mathbf{v} \cdot \nabla \mathbf{v} \\
&\quad - (\nabla \mathbf{v}) \cdot (\nabla \mathbf{v})^\dagger - \nabla \mathbf{v} \cdot \nabla \mathbf{v} - \nabla \mathbf{v} \cdot \nabla \mathbf{v} - (\nabla \mathbf{v}) \cdot (\nabla \mathbf{v})^\dagger \\
&= -4(\nabla \mathbf{v}) \cdot (\nabla \mathbf{v})^\dagger
\end{aligned}$$

Solve this result for $(\nabla \mathbf{v}) \cdot (\nabla \mathbf{v})^\dagger$ and plug it into equation (3).

$$-\frac{1}{4}(\boldsymbol{\omega} : \boldsymbol{\omega}^\dagger - \dot{\boldsymbol{\gamma}} : \dot{\boldsymbol{\gamma}}) = -\frac{1}{\rho} \nabla^2 \mathcal{P}$$

Therefore,

$$4\nabla^2 \mathcal{P} = \rho(\boldsymbol{\omega} : \boldsymbol{\omega}^\dagger - \dot{\boldsymbol{\gamma}} : \dot{\boldsymbol{\gamma}}).$$