

Problem 4.50

The (time-independent) **momentum space wave function** in three dimensions is defined by the natural generalization of Equation 3.54:

$$\phi(\mathbf{p}) \equiv \frac{1}{(2\pi\hbar)^{3/2}} \int e^{-i(\mathbf{p}\cdot\mathbf{r})/\hbar} \psi(\mathbf{r}) d^3\mathbf{r}. \quad (4.223)$$

- (a) Find the momentum space wave function for the ground state of hydrogen (Equation 4.80). *Hint:* Use spherical coordinates, setting the polar axis along the direction of \mathbf{p} . Do the θ integral first. *Answer:*

$$\phi(\mathbf{p}) = \frac{1}{\pi} \left(\frac{2a}{\hbar} \right)^{3/2} \frac{1}{[1 + (ap/\hbar)^2]^2}. \quad (4.224)$$

- (b) Check that $\phi(\mathbf{p})$ is normalized.
 (c) Use $\phi(\mathbf{p})$ to calculate $\langle p^2 \rangle$, in the ground state of hydrogen.
 (d) What is the expectation value of the kinetic energy in this state? Express your answer as a multiple of E_1 , and check that it is consistent with the virial theorem (Equation 4.218).

[Keep in mind that ϕ sloppily represents the time-independent momentum space wave function and the azimuthal angle in spherical coordinates (r, θ, ϕ).]

Solution

Part (a)

The ground state of hydrogen is in Equation 4.80 on page 148.

$$\psi_{100}(r, \theta, \phi) = \frac{1}{\sqrt{\pi a_0^3}} e^{-r/a_0}$$

Determine the corresponding time-independent momentum space wave function by taking the triple Fourier transform of $\psi_{100}(r, \theta, \phi)$. Let β be the angle between the vectors, $\mathbf{p} = \langle p_x, p_y, p_z \rangle$ and $\mathbf{r} = \langle x, y, z \rangle$.

$$\begin{aligned} \varphi(p_x, p_y, p_z) &= \frac{1}{(2\pi\hbar)^{3/2}} \iiint_{\text{all space}} e^{-i(\mathbf{p}\cdot\mathbf{r})/\hbar} \psi(x, y, z) d\mathcal{V} \\ \varphi_{100}(p_x, p_y, p_z) &= \frac{1}{(2\pi\hbar)^{3/2}} \int_0^\pi \int_0^{2\pi} \int_0^\infty e^{-i(pr \cos \beta)/\hbar} \psi_{100}(r, \theta, \phi) (r^2 \sin \theta dr d\phi d\theta) \\ &= \frac{1}{(2\pi\hbar)^{3/2}} \int_0^\pi \int_0^{2\pi} \int_0^\infty e^{-i(pr \cos \beta)/\hbar} \left(\frac{1}{\sqrt{\pi a_0^3}} e^{-r/a_0} \right) (r^2 \sin \theta dr d\phi d\theta) \\ &= \frac{1}{2\pi^2 \sqrt{2\hbar^3 a_0^3}} \int_0^\pi \int_0^{2\pi} \int_0^\infty r^2 e^{-r/a_0} e^{-i(pr \cos \beta)/\hbar} \sin \theta dr d\phi d\theta \end{aligned}$$

Since $\psi_{100}(r, \theta, \phi)$ is only a function of r , the polar z -axis can be oriented in the direction of \mathbf{p} to make $\beta = \theta$ without affecting the value of the integral.

$$\begin{aligned}
\varphi_{100}(p_x, p_y, p_z) &= \frac{1}{2\pi^2 \sqrt{2\hbar^3 a_0^3}} \int_0^\pi \int_0^{2\pi} \int_0^\infty r^2 e^{-r/a_0} e^{-i(pr \cos \theta)/\hbar} \sin \theta \, dr \, d\phi \, d\theta \\
&= \frac{1}{2\pi^2 \sqrt{2\hbar^3 a_0^3}} \left(\int_0^{2\pi} d\phi \right) \int_0^\infty r^2 e^{-r/a_0} \left[\int_0^\pi e^{-i(pr \cos \theta)/\hbar} \sin \theta \, d\theta \right] dr \\
&= \frac{1}{2\pi^2 \sqrt{2\hbar^3 a_0^3}} (2\pi) \int_0^\infty r^2 e^{-r/a_0} \left[\int_{\cos 0}^{\cos \pi} e^{-ipru/\hbar} (-du) \right] dr \\
&= \frac{1}{\pi \sqrt{2\hbar^3 a_0^3}} \int_0^\infty r^2 e^{-r/a_0} \left[\int_1^{-1} e^{-ipru/\hbar} (-du) \right] dr \\
&= \frac{1}{\pi \sqrt{2\hbar^3 a_0^3}} \int_0^\infty r^2 e^{-r/a_0} \left(\int_{-1}^1 e^{-ipru/\hbar} du \right) dr \\
&= \frac{1}{\pi \sqrt{2\hbar^3 a_0^3}} \int_0^\infty r^2 e^{-r/a_0} \left(-\frac{\hbar}{ipr} e^{-ipru/\hbar} \Big|_{-1}^1 \right) dr \\
&= \frac{1}{\pi \sqrt{2\hbar^3 a_0^3}} \int_0^\infty r^2 e^{-r/a_0} \left[\frac{i\hbar}{pr} (e^{-ipr/\hbar} - e^{ipr/\hbar}) \right] dr \\
&= \frac{i}{\pi p \sqrt{2\hbar a_0^3}} \int_0^\infty r e^{-r/a_0} (e^{-ipr/\hbar} - e^{ipr/\hbar}) dr \\
&= \frac{i}{\pi p \sqrt{2\hbar a_0^3}} \left\{ \int_0^\infty r \exp \left[-\left(\frac{1}{a_0} + \frac{ip}{\hbar} \right) r \right] dr - \int_0^\infty r \exp \left[-\left(\frac{1}{a_0} - \frac{ip}{\hbar} \right) r \right] dr \right\} \\
&= \frac{i}{\pi p \sqrt{2\hbar a_0^3}} \left\{ \int_0^\infty \left[-\frac{\partial}{\partial w} (e^{-wr}) \Big|_{w=\frac{1}{a_0} + \frac{ip}{\hbar}} \right] dr - \int_0^\infty \left[-\frac{\partial}{\partial w} (e^{-wr}) \Big|_{w=\frac{1}{a_0} - \frac{ip}{\hbar}} \right] dr \right\} \\
&= \frac{i}{\pi p \sqrt{2\hbar a_0^3}} \left[-\frac{d}{dw} \left(\int_0^\infty e^{-wr} dr \right) \Big|_{w=\frac{1}{a_0} + \frac{ip}{\hbar}} + \frac{d}{dw} \left(\int_0^\infty e^{-wr} dr \right) \Big|_{w=\frac{1}{a_0} - \frac{ip}{\hbar}} \right] \\
&= \frac{i}{\pi p \sqrt{2\hbar a_0^3}} \left[-\frac{d}{dw} \left(\frac{1}{w} \right) \Big|_{w=\frac{1}{a_0} + \frac{ip}{\hbar}} + \frac{d}{dw} \left(\frac{1}{w} \right) \Big|_{w=\frac{1}{a_0} - \frac{ip}{\hbar}} \right] \\
&= \frac{i}{\pi p \sqrt{2\hbar a_0^3}} \left[-\left(-\frac{1}{w^2} \right) \Big|_{w=\frac{1}{a_0} + \frac{ip}{\hbar}} + \left(-\frac{1}{w^2} \right) \Big|_{w=\frac{1}{a_0} - \frac{ip}{\hbar}} \right] \\
&= \frac{i}{\pi p \sqrt{2\hbar a_0^3}} \left[\frac{1}{\left(\frac{1}{a_0} + \frac{ip}{\hbar} \right)^2} - \frac{1}{\left(\frac{1}{a_0} - \frac{ip}{\hbar} \right)^2} \right] \\
&= \frac{i}{\pi p \sqrt{2\hbar a_0^3}} \left[\frac{\left(\frac{1}{a_0} - \frac{ip}{\hbar} \right)^2 - \left(\frac{1}{a_0} + \frac{ip}{\hbar} \right)^2}{\left(\frac{1}{a_0} + \frac{ip}{\hbar} \right)^2 \left(\frac{1}{a_0} - \frac{ip}{\hbar} \right)^2} \right]
\end{aligned}$$

Simplify the result.

$$\begin{aligned}
 \varphi_{100}(p_x, p_y, p_z) &= \frac{i}{\pi p \sqrt{2\hbar a_0^3}} \left[\frac{\left(\frac{1}{a_0^2} - \frac{2ip}{\hbar a_0} - \frac{p^2}{\hbar^2}\right) - \left(\frac{1}{a_0^2} + \frac{2ip}{\hbar a_0} - \frac{p^2}{\hbar^2}\right)}{\left(\frac{1}{a_0^2} + \frac{p^2}{\hbar^2}\right)^2} \right] \\
 &= \frac{i}{\pi p \sqrt{2\hbar a_0^3}} \left[\frac{-\frac{4ip}{\hbar a_0}}{\left(\frac{1}{a_0^2} + \frac{p^2}{\hbar^2}\right)^2} \right] \\
 &= \frac{i}{\pi p \sqrt{2\hbar a_0^3}} \left[\frac{-4ip}{\hbar a_0 \left(\frac{1}{a_0^2} + \frac{p^2}{\hbar^2}\right)^2} \right] \\
 &= \frac{4}{\pi \sqrt{2\hbar^3 a_0^5}} \frac{1}{\left(\frac{1}{a_0^2} + \frac{p^2}{\hbar^2}\right)^2} \\
 &= \frac{4}{\pi \sqrt{2\hbar^3 a_0^5}} \frac{1}{\left[\frac{1}{a_0^2} \left(1 + \frac{a_0^2 p^2}{\hbar^2}\right)\right]^2} \\
 &= \frac{4}{\pi \sqrt{2\hbar^3 a_0^5}} \frac{1}{\frac{1}{a_0^4} \left(1 + \frac{a_0^2 p^2}{\hbar^2}\right)^2} \\
 &= \frac{1}{\pi} \sqrt{\frac{16}{2\hbar^3 a_0^5}} \frac{1}{\left(1 + \frac{a_0^2 p^2}{\hbar^2}\right)^2} \\
 &= \frac{1}{\pi} \sqrt{\frac{8a_0^3}{\hbar^3}} \frac{1}{\left(1 + \frac{a_0^2 p^2}{\hbar^2}\right)^2} \\
 &= \frac{1}{\pi} \left(\frac{2a_0}{\hbar}\right)^{3/2} \frac{1}{\left[1 + \left(\frac{a_0 p}{\hbar}\right)^2\right]^2}
 \end{aligned}$$

Part (b)

Check to see that the time-independent momentum space wave function is normalized by integrating over all of momentum space and seeing if the result is 1.

$$\begin{aligned}
 \iiint_{\text{all m-space}} |\varphi_{100}|^2 d\mathcal{V} &= \int_0^\pi \int_0^{2\pi} \int_0^\infty \frac{1}{\pi^2} \frac{8a_0^3}{\hbar^3} \frac{1}{\left(1 + \frac{a_0^2 p^2}{\hbar^2}\right)^4} (p^2 \sin \theta dp d\phi d\theta) \\
 &= \frac{8a_0^3}{\pi^2 \hbar^3} \left(\int_0^\pi \sin \theta d\theta\right) \left(\int_0^{2\pi} d\phi\right) \int_0^\infty \frac{p^2}{\left(1 + \frac{a_0^2 p^2}{\hbar^2}\right)^4} dp
 \end{aligned}$$

Evaluate the integrals in $d\theta$ and $d\phi$ and simplify the last integrand.

$$\begin{aligned}
 \iiint_{\text{all m-space}} |\varphi_{100}|^2 dV &= \frac{8a_0^3}{\pi^2 \hbar^3} (2)(2\pi) \int_0^\infty \frac{p^2}{\left[\frac{a_0^2}{\hbar^2} \left(\frac{\hbar^2}{a_0^2} + p^2 \right) \right]^4} dp \\
 &= \frac{32a_0^3}{\pi \hbar^3} \int_0^\infty \left(\frac{\hbar^8}{a_0^8} \right) \frac{p^2}{\left(p^2 + \frac{\hbar^2}{a_0^2} \right)^4} dp \\
 &= \frac{32\hbar^5}{\pi a_0^5} \int_0^\infty \frac{p^2}{\left(p^2 + \frac{\hbar^2}{a_0^2} \right)^4} dp \\
 &= \frac{16\hbar^5}{\pi a_0^5} \int_{-\infty}^\infty \frac{p^2}{\left(p^2 + \frac{\hbar^2}{a_0^2} \right)^4} dp \tag{1}
 \end{aligned}$$

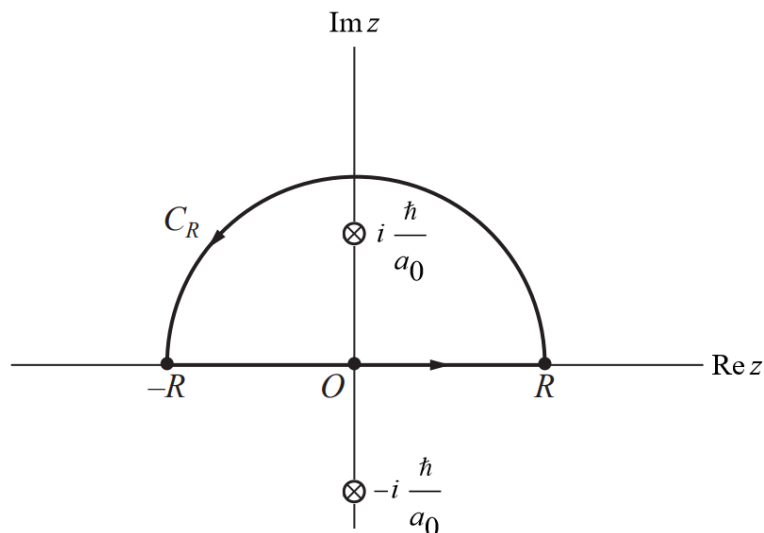
In order to evaluate this integral, consider the corresponding integral in the complex plane,

$$\oint_C \frac{z^2}{\left(z^2 + \frac{\hbar^2}{a_0^2} \right)^4} dz,$$

whose integrand has singularities (fourth-order poles) at

$$\begin{aligned}
 \left(z^2 + \frac{\hbar^2}{a_0^2} \right)^4 &= 0 \\
 \left(z + i \frac{\hbar}{a_0} \right)^4 \left(z - i \frac{\hbar}{a_0} \right)^4 &= 0 \\
 z &= \pm i \frac{\hbar}{a_0},
 \end{aligned}$$

where C is the positively oriented closed loop shown below.



According to Cauchy's residue theorem, the integral of a function with k singularities within a positively oriented closed loop is equal to $2\pi i$ times the sum of the residues at these enclosed singularities.

$$\oint_C \frac{z^2}{\left(z^2 + \frac{\hbar^2}{a_0^2}\right)^4} dz = 2\pi i \sum_{j=1}^k \operatorname{Res}_{z=z_j} \frac{z^2}{\left(z^2 + \frac{\hbar^2}{a_0^2}\right)^4}$$

C consists of the semicircular arc C_R above the real axis and the line segment on the real axis from $z = -R$ to $z = R$. Only the singularity at $z = i\frac{\hbar}{a_0}$ lies within the loop.

$$\begin{aligned} \int_{-R}^R \frac{z^2}{\left(z^2 + \frac{\hbar^2}{a_0^2}\right)^4} dz + \int_{C_R} \frac{z^2}{\left(z^2 + \frac{\hbar^2}{a_0^2}\right)^4} dz &= 2\pi i \operatorname{Res}_{z=i\hbar/a_0} \frac{z^2}{\left(z^2 + \frac{\hbar^2}{a_0^2}\right)^4} \\ &= 2\pi i \operatorname{Res}_{z=i\hbar/a_0} \frac{z^2}{\left(z + i\frac{\hbar}{a_0}\right)^4 \left(z - i\frac{\hbar}{a_0}\right)^4} \\ &= 2\pi i \operatorname{Res}_{z=i\hbar/a_0} \frac{\frac{z^2}{\left(z + i\frac{\hbar}{a_0}\right)^4}}{\left(z - i\frac{\hbar}{a_0}\right)^4} \\ &= \frac{2\pi i}{(4-1)!} \frac{d^{4-1}}{dz^{4-1}} \left[\frac{z^2}{\left(z + i\frac{\hbar}{a_0}\right)^4} \right] \Bigg|_{z=i\hbar/a_0} \\ &= \frac{2\pi i}{6} \frac{d^2}{dz^2} \left[-\frac{2z\left(z - i\frac{\hbar}{a_0}\right)}{\left(z + i\frac{\hbar}{a_0}\right)^5} \right] \Bigg|_{z=i\hbar/a_0} \\ &= \frac{\pi i}{3} \frac{d}{dz} \left[\frac{2\left(3z^2 - 6i\frac{\hbar}{a_0}z - \frac{\hbar^2}{a_0^2}\right)}{\left(z + i\frac{\hbar}{a_0}\right)^6} \right] \Bigg|_{z=i\hbar/a_0} \\ &= \frac{\pi i}{3} \left[-\frac{24\left(z^2 - 3i\frac{\hbar}{a_0}z - \frac{\hbar^2}{a_0^2}\right)}{\left(z + i\frac{\hbar}{a_0}\right)^7} \right] \Bigg|_{z=i\hbar/a_0} \\ &= -8\pi i \left[\frac{\left(-\frac{\hbar^2}{a_0^2} + 3\frac{\hbar^2}{a_0^2} - \frac{\hbar^2}{a_0^2}\right)}{\left(i\frac{2\hbar}{a_0}\right)^7} \right] \\ &= -8\pi i \left(\frac{\frac{\hbar^2}{a_0^2}}{-128i\frac{\hbar^7}{a_0^7}} \right) \\ &= \frac{\pi a_0^5}{16\hbar^5} \end{aligned} \tag{2}$$

Parameterize the semicircular arc C_R .

$$C_R: \quad z = Re^{i\theta}, \quad \theta = 0 \quad \rightarrow \quad \theta = \pi$$

As a result, equation (2) becomes

$$\int_{-R}^R \frac{z^2}{\left(z^2 + \frac{\hbar^2}{a_0^2}\right)^4} dz + \int_0^\pi \frac{(Re^{i\theta})^2}{\left[(Re^{i\theta})^2 + \frac{\hbar^2}{a_0^2}\right]^4} (iRe^{i\theta} d\theta) = \frac{\pi a_0^5}{16\hbar^5}.$$

Consider the magnitude of this second integral on the left.

$$\begin{aligned} \left| \int_0^\pi \frac{(Re^{i\theta})^2}{\left[(Re^{i\theta})^2 + \frac{\hbar^2}{a_0^2}\right]^4} (iRe^{i\theta} d\theta) \right| &\leq \int_0^\pi \left| \frac{(Re^{i\theta})^2}{\left[(Re^{i\theta})^2 + \frac{\hbar^2}{a_0^2}\right]^4} (iRe^{i\theta}) \right| d\theta \\ &= \int_0^\pi \frac{|Re^{i\theta}|^2}{\left|(Re^{i\theta})^2 + \frac{\hbar^2}{a_0^2}\right|^4} |iRe^{i\theta}| d\theta \\ &= \int_0^\pi \frac{R^2}{\left|(Re^{i\theta})^2 + \frac{\hbar^2}{a_0^2}\right|^4} (R) d\theta \\ &\leq \int_0^\pi \frac{R^2}{\left||Re^{i\theta}|^2 - \frac{\hbar^2}{a_0^2}\right|^4} (R) d\theta \\ &= \int_0^\pi \frac{R^2}{\left(R^2 - \frac{\hbar^2}{a_0^2}\right)^4} (R) d\theta \\ &= \frac{R^2}{\left(R^2 - \frac{\hbar^2}{a_0^2}\right)^4} (\pi R) \end{aligned}$$

Notice that the upper bound of this integral's magnitude tends to zero in the limit as $R \rightarrow \infty$.

$$\lim_{R \rightarrow \infty} \frac{R^2}{\left(R^2 - \frac{\hbar^2}{a_0^2}\right)^4} (\pi R) = \lim_{R \rightarrow \infty} \frac{\pi R^3}{R^8 \left(1 - \frac{\hbar^2}{a_0^2 R^2}\right)^4} = \lim_{R \rightarrow \infty} \frac{\frac{\pi}{R^5}}{\left(1 - \frac{\hbar^2}{a_0^2 R^2}\right)^4} = \frac{0}{1} = 0$$

In taking the limit of both sides of equation (2) as $R \rightarrow \infty$, then, the integral over C_R vanishes,

$$\lim_{R \rightarrow \infty} \int_{-R}^R \frac{z^2}{\left(z^2 + \frac{\hbar^2}{a_0^2}\right)^4} dz + \underbrace{\lim_{R \rightarrow \infty} \int_{C_R} \frac{z^2}{\left(z^2 + \frac{\hbar^2}{a_0^2}\right)^4} dz}_{=0} = \lim_{R \rightarrow \infty} \frac{\pi a_0^5}{16\hbar^5},$$

which means

$$\int_{-\infty}^{\infty} \frac{z^2}{\left(z^2 + \frac{\hbar^2}{a_0^2}\right)^4} dz = \frac{\pi a_0^5}{16\hbar^5}.$$

Equation (1) then becomes

$$\begin{aligned} \iiint_{\text{all m-space}} |\varphi_{100}|^2 dV &= \frac{16\hbar^5}{\pi a_0^5} \int_{-\infty}^{\infty} \frac{p^2}{\left(p^2 + \frac{\hbar^2}{a_0^2}\right)^4} dp \\ &= \frac{16\hbar^5}{\pi a_0^5} \left(\frac{\pi a_0^5}{16\hbar^5} \right) \\ &= 1, \end{aligned}$$

which proves that the time-independent momentum space wave function for the ground state of hydrogen is normalized.

Part (c)

Calculate the expectation value of p^2 for the ground state of hydrogen using φ_{100} .

$$\begin{aligned} \langle p^2 \rangle &= \langle \varphi_{100} | \hat{p}^2 | \varphi_{100} \rangle = \iiint_{\text{all m-space}} \varphi_{100}^*(p^2) \varphi_{100} dV \\ &= \int_0^\pi \int_0^{2\pi} \int_0^\infty \left[\frac{1}{\pi} \sqrt{\frac{8a_0^3}{\hbar^3}} \frac{1}{\left(1 + \frac{a_0^2 p^2}{\hbar^2}\right)^2} \right]^* p^2 \left[\frac{1}{\pi} \sqrt{\frac{8a_0^3}{\hbar^3}} \frac{1}{\left(1 + \frac{a_0^2 p^2}{\hbar^2}\right)^2} \right] (p^2 \sin \theta dp d\phi d\theta) \\ &= \int_0^\pi \int_0^{2\pi} \int_0^\infty \left[\frac{1}{\pi} \sqrt{\frac{8a_0^3}{\hbar^3}} \frac{1}{\left(1 + \frac{a_0^2 p^2}{\hbar^2}\right)^2} \right] p^2 \left[\frac{1}{\pi} \sqrt{\frac{8a_0^3}{\hbar^3}} \frac{1}{\left(1 + \frac{a_0^2 p^2}{\hbar^2}\right)^2} \right] (p^2 \sin \theta dp d\phi d\theta) \\ &= \frac{8a_0^3}{\pi^2 \hbar^3} \int_0^\pi \int_0^{2\pi} \int_0^\infty \frac{p^4 \sin \theta}{\left(1 + \frac{a_0^2 p^2}{\hbar^2}\right)^4} dp d\phi d\theta \\ &= \frac{8a_0^3}{\pi^2 \hbar^3} \left(\int_0^\pi \sin \theta d\theta \right) \left(\int_0^{2\pi} d\phi \right) \int_0^\infty \frac{p^4}{\left(1 + \frac{a_0^2 p^2}{\hbar^2}\right)^4} dp \\ &= \frac{8a_0^3}{\pi^2 \hbar^3} (2)(2\pi) \int_0^\infty \frac{p^4}{\left[\frac{a_0^2}{\hbar^2} \left(\frac{\hbar^2}{a_0^2} + p^2\right)\right]^4} dp \\ &= \frac{32a_0^3}{\pi \hbar^3} \int_0^\infty \left(\frac{\hbar^8}{a_0^8}\right) \frac{p^4}{\left(p^2 + \frac{\hbar^2}{a_0^2}\right)^4} dp \\ &= \frac{32\hbar^5}{\pi a_0^5} \int_0^\infty \frac{p^4}{\left(p^2 + \frac{\hbar^2}{a_0^2}\right)^4} dp \\ &= \frac{16\hbar^5}{\pi a_0^5} \int_{-\infty}^\infty \frac{p^4}{\left(p^2 + \frac{\hbar^2}{a_0^2}\right)^4} dp \tag{3} \end{aligned}$$

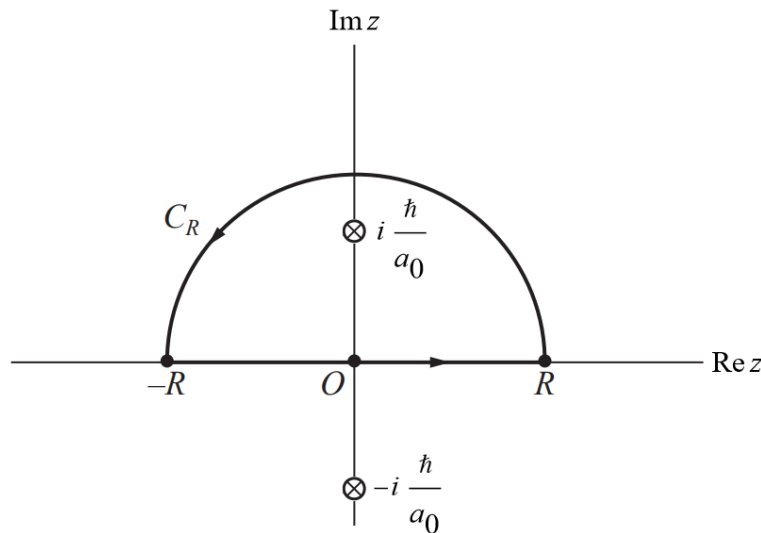
In order to evaluate this integral, consider the corresponding integral in the complex plane,

$$\oint_C \frac{z^4}{\left(z^2 + \frac{\hbar^2}{a_0^2}\right)^4} dz,$$

whose integrand has singularities (fourth-order poles) at

$$\left(z^2 + \frac{\hbar^2}{a_0^2}\right)^4 = 0 \quad \rightarrow \quad \left(z + i\frac{\hbar}{a_0}\right)^4 \left(z - i\frac{\hbar}{a_0}\right)^4 = 0 \quad \rightarrow \quad z = \pm i\frac{\hbar}{a_0},$$

where C is the positively oriented closed loop shown below.



According to Cauchy's residue theorem, the integral of a function with k singularities within a positively oriented closed loop is equal to $2\pi i$ times the sum of the residues at these enclosed singularities.

$$\oint_C \frac{z^4}{\left(z^2 + \frac{\hbar^2}{a_0^2}\right)^4} dz = 2\pi i \sum_{j=1}^k \operatorname{Res}_{z=z_j} \frac{z^4}{\left(z^2 + \frac{\hbar^2}{a_0^2}\right)^4}$$

C consists of the semicircular arc C_R above the real axis and the line segment on the real axis from $z = -R$ to $z = R$. Only the singularity at $z = i\frac{\hbar}{a_0}$ lies within the loop.

$$\begin{aligned} \int_{-R}^R \frac{z^4}{\left(z^2 + \frac{\hbar^2}{a_0^2}\right)^4} dz + \int_{C_R} \frac{z^4}{\left(z^2 + \frac{\hbar^2}{a_0^2}\right)^4} dz &= 2\pi i \operatorname{Res}_{z=i\hbar/a_0} \frac{z^4}{\left(z^2 + \frac{\hbar^2}{a_0^2}\right)^4} \\ &= 2\pi i \operatorname{Res}_{z=i\hbar/a_0} \frac{z^4}{\left(z + i\frac{\hbar}{a_0}\right)^4 \left(z - i\frac{\hbar}{a_0}\right)^4} \\ &= 2\pi i \operatorname{Res}_{z=i\hbar/a_0} \frac{z^4}{\left(z + i\frac{\hbar}{a_0}\right)^4} \end{aligned}$$

Continue the simplification.

$$\begin{aligned}
 \int_{-R}^R \frac{z^4}{\left(z^2 + \frac{\hbar^2}{a_0^2}\right)^4} dz + \int_{C_R} \frac{z^4}{\left(z^2 + \frac{\hbar^2}{a_0^2}\right)^4} dz &= \frac{2\pi i}{(4-1)!} \frac{d^{4-1}}{dz^{4-1}} \left[\frac{z^4}{\left(z + i\frac{\hbar}{a_0}\right)^4} \right] \Bigg|_{z=i\hbar/a_0} \\
 &= \frac{2\pi i}{6} \frac{d^2}{dz^2} \left[\frac{4\left(i\frac{\hbar}{a_0}\right)z^3}{\left(z + i\frac{\hbar}{a_0}\right)^5} \right] \Bigg|_{z=i\hbar/a_0} \\
 &= \frac{\pi i}{3} \frac{d}{dz} \left[-\frac{4i\frac{\hbar}{a_0}\left(2z - 3i\frac{\hbar}{a_0}\right)z^2}{\left(z + i\frac{\hbar}{a_0}\right)^6} \right] \Bigg|_{z=i\hbar/a_0} \\
 &= \frac{\pi i}{3} \left[\frac{24i\frac{\hbar}{a_0}\left(z^2 - 3i\frac{\hbar}{a_0}z - \frac{\hbar^2}{a_0^2}\right)z}{\left(z + i\frac{\hbar}{a_0}\right)^7} \right] \Bigg|_{z=i\hbar/a_0} \\
 &= 8\pi i \left[\frac{i\frac{\hbar}{a_0}\left(-\frac{\hbar^2}{a_0^2} + 3\frac{\hbar^2}{a_0^2} - \frac{\hbar^2}{a_0^2}\right)i\frac{\hbar}{a_0}}{\left(i\frac{2\hbar}{a_0}\right)^7} \right] \\
 &= 8\pi i \left[\frac{-\frac{\hbar^2}{a_0^2}\left(\frac{\hbar^2}{a_0^2}\right)}{-128i\frac{\hbar^7}{a_0^7}} \right] \\
 &= \frac{\pi a_0^3}{16\hbar^3} \tag{4}
 \end{aligned}$$

Parameterize the semicircular arc C_R .

$$C_R : z = Re^{i\theta}, \quad \theta = 0 \rightarrow \theta = \pi$$

As a result, equation (4) becomes

$$\int_{-R}^R \frac{z^4}{\left(z^2 + \frac{\hbar^2}{a_0^2}\right)^4} dz + \int_0^\pi \frac{(Re^{i\theta})^4}{\left[(Re^{i\theta})^2 + \frac{\hbar^2}{a_0^2}\right]^4} (iRe^{i\theta} d\theta) = \frac{\pi a_0^3}{16\hbar^3}.$$

Consider the magnitude of this second integral on the left.

$$\begin{aligned}
 \left| \int_0^\pi \frac{(Re^{i\theta})^4}{\left[(Re^{i\theta})^2 + \frac{\hbar^2}{a_0^2}\right]^4} (iRe^{i\theta} d\theta) \right| &\leq \int_0^\pi \left| \frac{(Re^{i\theta})^4}{\left[(Re^{i\theta})^2 + \frac{\hbar^2}{a_0^2}\right]^4} (iRe^{i\theta}) \right| d\theta \\
 &= \int_0^\pi \frac{|Re^{i\theta}|^4}{\left|(Re^{i\theta})^2 + \frac{\hbar^2}{a_0^2}\right|^4} |iRe^{i\theta}| d\theta \\
 &= \int_0^\pi \frac{R^4}{\left|(Re^{i\theta})^2 + \frac{\hbar^2}{a_0^2}\right|^4} (R) d\theta
 \end{aligned}$$

Use the fact that for two complex numbers, z_1 and z_2 , $|z_1 + z_2| \geq ||z_1| - |z_2||$.

$$\begin{aligned} \left| \int_0^\pi \frac{(Re^{i\theta})^4}{\left[(Re^{i\theta})^2 + \frac{\hbar^2}{a_0^2}\right]^4} (iRe^{i\theta} d\theta) \right| &\leq \int_0^\pi \frac{R^4}{\left| |Re^{i\theta}|^2 - \frac{\hbar^2}{a_0^2} \right|^4} (R) d\theta \\ &= \int_0^\pi \frac{R^4}{\left(R^2 - \frac{\hbar^2}{a_0^2}\right)^4} (R) d\theta \\ &= \frac{R^4}{\left(R^2 - \frac{\hbar^2}{a_0^2}\right)^4} (\pi R) \end{aligned}$$

Notice that the upper bound of this integral's magnitude tends to zero in the limit as $R \rightarrow \infty$.

$$\lim_{R \rightarrow \infty} \frac{R^4}{\left(R^2 - \frac{\hbar^2}{a_0^2}\right)^4} (\pi R) = \lim_{R \rightarrow \infty} \frac{\pi R^5}{R^8 \left(1 - \frac{\hbar^2}{a_0^2 R^2}\right)^4} = \lim_{R \rightarrow \infty} \frac{\frac{\pi}{R^3}}{\left(1 - \frac{\hbar^2}{a_0^2 R^2}\right)^4} = \frac{0}{1} = 0$$

In taking the limit of both sides of equation (4) as $R \rightarrow \infty$, then, the integral over C_R vanishes,

$$\lim_{R \rightarrow \infty} \int_{-R}^R \frac{z^4}{\left(z^2 + \frac{\hbar^2}{a_0^2}\right)^4} dz + \underbrace{\lim_{R \rightarrow \infty} \int_{C_R} \frac{z^4}{\left(z^2 + \frac{\hbar^2}{a_0^2}\right)^4} dz}_{= 0} = \lim_{R \rightarrow \infty} \frac{\pi a_0^3}{16\hbar^3},$$

which means

$$\int_{-\infty}^{\infty} \frac{z^4}{\left(z^2 + \frac{\hbar^2}{a_0^2}\right)^4} dz = \frac{\pi a_0^3}{16\hbar^3}.$$

Equation (3) then becomes

$$\begin{aligned} \langle p^2 \rangle &= \frac{16\hbar^5}{\pi a_0^5} \int_{-\infty}^{\infty} \frac{p^4}{\left(p^2 + \frac{\hbar^2}{a_0^2}\right)^4} dp \\ &= \frac{16\hbar^5}{\pi a_0^5} \left(\frac{\pi a_0^3}{16\hbar^3} \right) \\ &= \frac{\hbar^2}{a_0^2}. \end{aligned}$$

Part (d)

The expectation value of the kinetic energy in the ground state of hydrogen is

$$\langle T \rangle = \left\langle \frac{p^2}{2m_e} \right\rangle = \frac{1}{2m_e} \langle p^2 \rangle = \frac{1}{2m_e} \left(\frac{\hbar^2}{a_0^2} \right) = \frac{\hbar^2}{2m_e a_0^2} = \frac{\hbar^2}{2m_e} \left(\frac{m_e e^2}{4\pi\epsilon_0 \hbar^2} \right)^2 = \frac{m_e}{2\hbar^2} \left(\frac{e^2}{4\pi\epsilon_0} \right)^2 = -E_1,$$

which is consistent with the virial theorem.